

High School Lunch Menu

March 2019

High School LUNCH PRICES

Student "Paid"\$ 2.85
 Student "Reduced"FREE
 Student "Free".....FREE
 Milk..... \$.50

Menu subject to change without notice.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Asian Chicken Seasoned Brown Rice Warm Garlic Breadstick Stir Fry Vegetables Honey Roasted Carrots BAR: Hot Dish Bar
4 Brunch For Lunch Roasted Carrots Oven Baked Tri Tators BAR: Soup and Sandwich	5 Chicken Tenders Whipped Potatoes Low Fat Poultry Gravy Sweet Green Peas School Made Dinner Roll BAR: Noodle Bar	6 Turkey Pepperoni or Cheese Pizza Fresh Caesar Salad Black Bean Salad BAR: Mexican Bar	7 Beef Meatball Sub Waffle Fries Creamy Cole Slaw Potato Crunch Broccoli BAR: Potato Bar Ice Cream Treat	8 Pasta with Alfredo Sauce Grilled Chicken or Meatless Warm Garlic Breadstick Roasted Brussels Sprouts Bar: Hot Dish Bar
11 2 for 1 Beef Hot Dogs Twister Fries Vegetarian Chili Sriracha Beans & Rice Roasted Squash BAR: Salad	12 Popcorn Chicken Bowl Whipped Potatoes Low Fat Poultry Gravy School Made Dinner Roll Whole Kernel Corn BAR: Noodle Bar	13 Beef French Dip Sandwich Roasted Peppers/Onions Sidewinders Potatoes Beef Au Jus/ Cheese Sauce BAR: Mexican Bar	14 Chicken Patty on a Bun Oven Baked French Fries Parmesan Cauliflower Creamy Cole Slaw Honey Roasted Carrots BAR: Potato Bar	15 Italian Dunker Cheese Bread Marinara Sauce Romaine Lettuce Salad Roasted Broccoli BAR: Hot Dish Bar
18 Chicken Parmesan Whole Grain Pasta Roasted Carrots Garlic Green Beans BAR: Soup and Sandwich Bar	19 Chicken Po'Boy Sandwich Cilantro Lime Mayo Fresh Marinated Cucumbers and Carrots Oven Baked French Fries BAR: Noodle Bar	20 Beef Meatballs in Gravy Whipped Potatoes California Blend Vegetables School Made Dinner Roll BAR: Mexican Bar	21 Chicken and Waffles Oven Baked Tri Tators Caesar Salad Roasted Soy Cauliflower BAR: Potato Bar	22 Chicken or Fish Wrap Seasoned Brown Rice Spicy Black Beans Romaine and Spinach Salad BAR: Breakfast Bar
24 NO SCHOOL SPRING BREAK	25 NO SCHOOL SPRING BREAK	26 NO SCHOOL SPRING BREAK	27 NO SCHOOL SPRING BREAK	28 NO SCHOOL SPRING BREAK

Grill Line: Hamburgers, Chicken, French Fries
Grab & Go: Salads, Sandwiches, and Yogurt Parfaits
Sides Offered Daily: Fresh Fruit, Fruit Sauce, Fresh Vegetables, Milk

In accordance with federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 2025-9410 or call (866) 632-9992 (Voice and TDD). USDA is an equal opportunity provider and employer.

Free and Reduced Meal Applications available online at www.district279.org/fma
 OR
 may be picked up at any school within District 279 or the District Office.

Our mission is to inspire and prepare all students with the confidence, courage and competence to achieve their dreams; contribute to community; and engage in a lifetime of learning.

* May contain Pork 
 # May contain nuts or peanut butter 
 Any school made item could contain any of the above, please check with Kitchen Manager at site.
 Allergy Notice: Products have been made in the District Kitchens or plants where milk, eggs, soy beans, tree nuts, peanuts and other ingredients are used.