


# Middle School Lunch Menu

## February 2019

Menu subject to change without notice.



### Middle School LUNCH PRICES

Student "Paid" .....	\$ 2.70
Student "Reduced" .....	FREE
Student "Free" .....	FREE
Milk .....	\$.50

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<b>1</b> Choice of: Turkey Pepperoni or Cheese Stuffed Crust Pizza Or Mozzarella Sticks  Marinara Sauce Oven Roasted Carrots Roasted Broccoli
<b>4</b> No School	<b>5</b> Choice of: 2 for 1 Beef Hot Dogs Or Macaroni & Cheese  Vegetarian Baked Beans Bag of Baked Chips	<b>6</b> Choice of: Popcorn Chicken Or All American Beef Burger  Sidewinders Potatoes Garlic Green Beans	<b>7</b> Choice of: Turkey N Gravy Or Beef Meatballs in Gravy  Whipped Potatoes School Made Dinner Roll Sweet Peas	<b>8</b> Mandarin Orange Chicken Or Beef Fiestada Pizza  Warm Garlic Breadstick Seasoned Brown Rice Stir Fry Vegetables Cucumber Salad
<b>11</b> Sweet & Sour Chicken Or Sichuan Chicken  Stir Fry Vegetables Potato Crunch Broccoli Seasoned Brown Rice Garlic Breadstick	<b>12</b> Beef Meat Sauce Or Chicken Parmesan  Whole Grain Pasta Warm Garlic Toast Roasted Brussel Sprouts California Blend Vegetables	<b>13</b> Mini Chicken Corn Dogs Or Cheese Pizza  School Made Soup Roasted Squash Mint Sweet Peas	<b>14</b> Italian Dunker Cheese Bread Or Chicken Patty on a Bun  Marinara Sauce Romaine Lettuce Salad Chipotle Caesar Cauliflower Salad	<b>15</b> No School
<b>18</b> No School	<b>19</b> Brunch for Lunch Or Turkey Corn Dog  Oven Baked Tri Tators Turkey Sausage Oven Roasted Carrots	<b>20</b> Chicken Or Pork Fajita  Fresh Fajita Fixings Seasoned Brown Rice Black Beans Roasted Peppers & Onions	<b>21</b> Toasted Cheese Sandwich Or Grilled Chicken Sandwich  Creamy Tomato Soup Roasted Broccoli Cucumber Salad	<b>22</b> Chicken Tenders Or Personal Size Cheese Pizza  School Made Dinner Roll Whipped Potatoes Low Fat Gravy Cauliflower with Soy Sauce
<b>25</b> Turkey Pepperoni or Cheese Stuffed Crust Pizza Or Mozzarella Cheese Sticks  Marinara Sauce Oven Roasted Carrots Roasted Broccoli	<b>26</b> 2 for 1 Beef Hot Dogs or Macaroni & Cheese  Vegetarian Baked Beans Bag of Baked Chips	<b>27</b> Popcorn Chicken Or All American Beef Burger  Sidewinders Potatoes Garlic Green Beans	<b>28</b> Turkey N Gravy Or Beef Meatballs N Gravy  Whipped Potatoes Sweet Peas School Made Dinner Roll	All Grains/Breads offered are a minimum of 51% 

**Entrée Offered Daily:** Salad Bar, Sunbutter or PB & J Sandwiches  
**Sides Offered Daily:** Fresh Fruit, Fruit Sauce, Fresh Vegetables, Milk

Free and Reduced Meal Applications available online at [www.district279.org/fma](http://www.district279.org/fma)  
 OR  
 may be picked up at any school within District 279 or the District Office.

\* May contain Pork   
 # May contain nuts or peanut butter   
 Any school made item could contain any of the above, please check with Kitchen Manager at site.  
 Allergy Notice: Products have been made in the District Kitchens or plants where milk, eggs, soy beans, tree nuts, peanuts and other ingredients are used.

In accordance with federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 2025-9410 or call (866) 632-9992 (Voice and TDD). USDA is an equal opportunity provider and employer.

*Our mission is to inspire and prepare all students with the confidence, courage and competence to achieve their dreams; contribute to community; and engage in a lifetime of learning.*