


Middle School Lunch Menu


April 2019

Middle School LUNCH PRICES	
Student "Paid"	\$ 2.70
Student "Reduced"	FREE
Student "Free"	FREE
Milk	\$.50

Menu subject to change without notice.


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1 Mandarin Orange Chicken Or Ranchero Pizza</p> <p>Garlic Breadstick Seasoned Brown Rice Stir Fry Vegetables Cucumber Salad</p>	<p>2 2 for 1 Beef Hot Dogs or Macaroni & Cheese</p> <p>Vegetarian Baked Beans Bag of Baked Chips</p>	<p>3 Popcorn Chicken Or All American Beef Burger</p> <p>Sidewinders Potatoes Garlic Green Beans</p>	<p>4 Turkey N Gravy Or Beef Meatballs N Gravy</p> <p>Whipped Potatoes School Made Dinner Roll Sweet Peas</p>	<p>5 Stuffed Crust Cheese Pizza Or Mozzarella Sticks</p> <p>Marinara Sauce Oven Roasted Carrots Roasted Broccoli</p>
<p>8 Chicken Patty on a Bun Or Beef Hamburger on a Bun</p> <p>Sweet Potato Fries Buffalo Cauliflower</p>	<p>9 Philly Beef Sandwich Or Three Cheese Calzone</p> <p>Roasted Peppers & Onions Vegetarian Baked Beans Savory Green Beans & Onions Queso Cheese Sauce</p>	<p>10 Chicken Tenders Or Pizza Choice</p> <p>Whipped Potatoes Low Fat Gravy School Made Dinner Roll Mint Sweet Peas</p>	<p>11 Beef Or Chicken Walking Taco</p> <p>Fresh Taco Fixings Seasoned Brown Rice Refried Beans Whole Kernel Corn</p>	<p>12 Brunch for Lunch Or Fish Tacos</p> <p>Whole Grain Tortilla Oven Baked Tri Tators Turkey Sausage Roasted Carrots</p> <p>School Made Apple Crisp</p>
<p>15 Sweet & Sour Chicken Or Sichuan Chicken</p> <p>Stir Fry Vegetables Potato Crunch Broccoli Seasoned Brown Rice Garlic Breadstick</p>	<p>16 Beef Meat Sauce Or Chicken Parmesan</p> <p>Whole Grain Pasta Warm Garlic Toast Roasted Brussel Sprouts California Blend Vegetables</p>	<p>17 Mini Chicken Corn Dogs Or Cheese Pizza</p> <p>School Made Soup Roasted Squash Mint Sweet Peas</p>	<p>18 Italian Dunker Cheese Bread Or Chicken Patty on a Bun</p> <p>Marinara Sauce Romaine Lettuce Salad Chipotle Caesar Cauliflower Salad</p>	<p>19 No School</p>
<p>22 Choice of: Beef Hamburger on a Bun Or Fish Patty on a Bun</p> <p>Twister Fries Creamy Coleslaw</p>	<p>23 Brunch for Lunch Or Turkey Corn Dog</p> <p>Oven Baked Tri Tators Turkey Sausage Oven Roasted Carrots</p>	<p>24 Chicken Or Pork Fajita</p> <p>Fresh Fajita Fixings Seasoned Brown Rice Black Beans Roasted Peppers & Onions</p>	<p>25 Toasted Cheese Sandwich Or Grilled Chicken Sandwich</p> <p>Creamy Tomato Soup Roasted Broccoli Cucumber Salad</p>	<p>26 Chicken Tenders Or Personal Size Cheese Pizza</p> <p>School Made Dinner Roll Whipped Potatoes Low Fat Gravy Cauliflower with Soy Sauce</p>
<p>29 Turkey Pepperoni or Cheese Stuffed Crust Pizza Or Mozzarella Cheese Sticks</p> <p>Marinara Sauce Oven Roasted Carrots Roasted Broccoli</p>	<p>30 2 for 1 Beef Hot Dogs or Macaroni & Cheese</p> <p>Vegetarian Baked Beans Bag of Baked Chips</p>	<p>Entrée Offered Daily: Salad Bar, Sunbutter or PB & J Sandwiches Sides Offered Daily: Fresh Fruit, Fruit Sauce, Fresh Vegetables, Milk</p>		

* May contain Pork 

May contain nuts or peanut butte 

Any school made item could contain any of the above, please check with Kitchen Manager at site.
 Allergy Notice: Products have been made in the District Kitchens or plants where milk, eggs, soy beans, tree nuts, peanuts and other ingredients are used.

All Grains/Breads offered are a minimum of 51% Whole Grain



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Our mission is to inspire and prepare all students with the confidence, courage and competence to achieve their dreams; contribute to community; and engage in a lifetime of learning.